WEST SPRINGFIELD HIGH SCHOOL

HEALTH AND PE

COURSE OFFERINGS



PE 9 (REQUIRED)



PE 10

(REQUIRED)







764060 FITNESS INSTRUCTOR



7640II PERSONAL FITNESS I 7640II PERSONAL FITNESS I

764012 PERSONAL FITNESS 2 764012 PERSONAL FITNESS 2 764012 PERSONAL FITNESS 2

764012 PERSONAL FITNESS 2 75/000 ADVANCED PE/PF3 751000 ADVANCED PE/PF 3

746061 GROUP FITNESS

746061 GROUP FITNESS 746061 GROUP FITNESS

751050 YOGA I 751050 YOGA I

751050 YOGA 1 75:050 YOGA I

751055 YOGA 2 751055 YOGA 2 751055 YOGA 2



HPE COURSE SEQUENCING CHART!